

## **Evolution of clinical practice**

Helen Opdam | National Medical Director Organ and Tissue Authority



### **Deceased organ donors and transplant recipients:** 2000-2021

Deceased organ donors Transplant recipients **Onset of program** 2,500 Two key clinical practice changes: reforms Vationa 2,000 1) Routine notification/referral for potential donor identification 1,500 Collaborative approach to offer 2) Average 200 donors per year, 2000–2008 donation, involving a donation 1,000 247 specialist 799 500 Average 680 recipients per year, 2000–2008 0 2000 2003 2006 2009 2012 2015 2018



2021

100

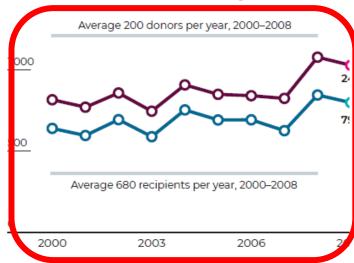
0

600

2,500

2,000

#### **Pre national program**



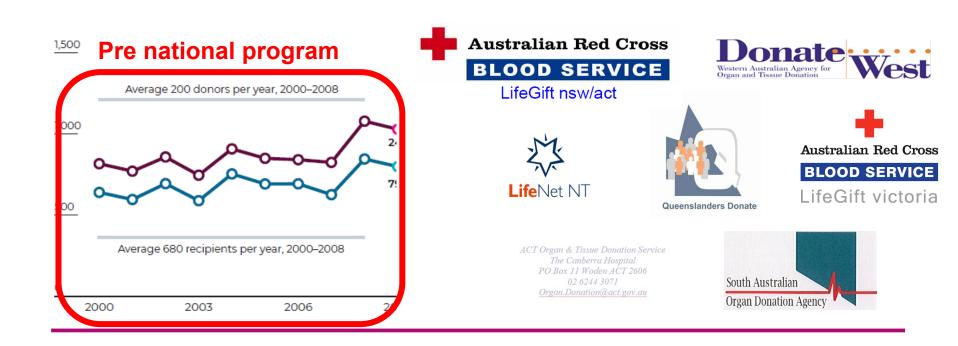


- Potential donors were identified by the treating intensive care doctor
- Intensivist or registrar approached the family to "request donation"
- If the family agreed, there was a referral to the donation agency

2,500

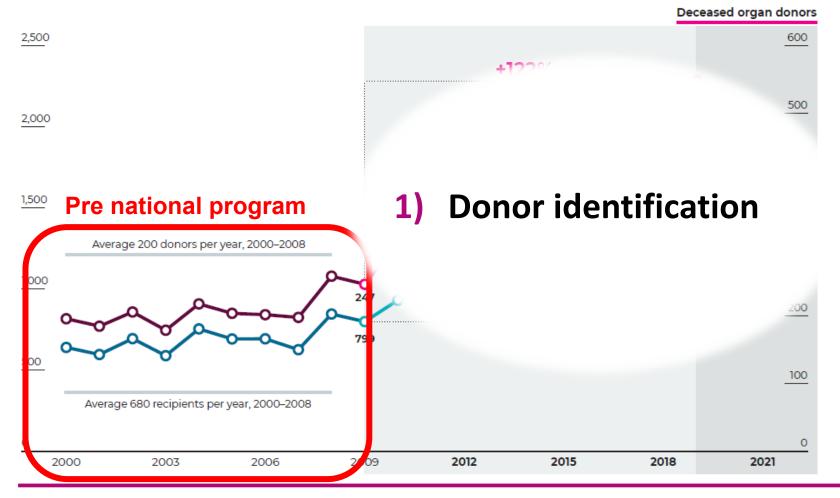
2,000

• The donor coordinator would travel to the hospital to start the process



donatelife

# Key clinical practice change due to the national program

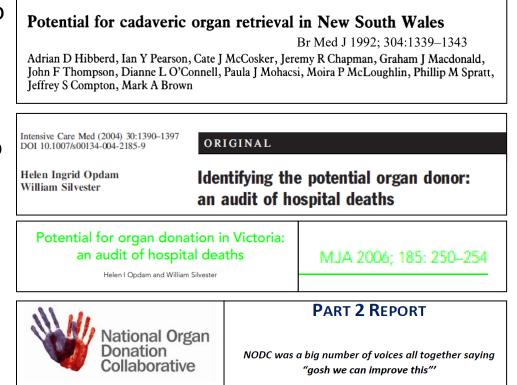




### Pre national program: Many missed organ donation opportunities

Audits of deaths found that many donors were not identified:

- Treatment withdrawn prior to brain death development or diagnosis
- ED patients with devastating brain injury, extubated due to poor prognosis
- ICU patients, often after prolonged admission, with co-morbidities, and/or complex family dynamics







One of the key initiatives to improve donor identification arose from the National Organ Donation Collaborative (NODC)

**Clinical Triggers to identify potential donors** 



### National Organ Donation Collaborative (NODC)

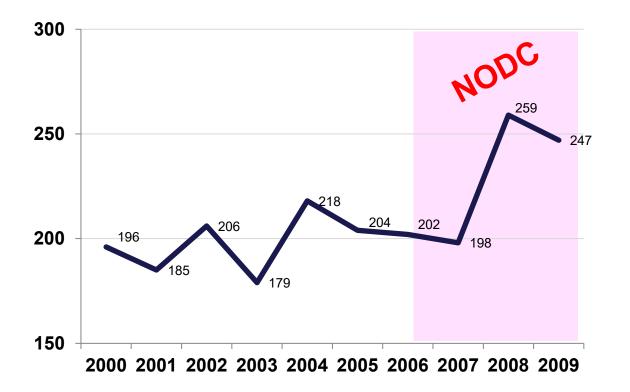
- NODC ran from 2006-2009
- 28 hospitals took part from across Australia
- Breakthrough Collaborative methodology to focus on systematic improvements in hospitals
- Quarterly themed collaborative learning sessions attended by hospital teams (ICU, ED, medical, nursing, hospital executive)



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			"gost	umber of voices all together saying o we can improve this" Louise Greene Consulting for The National Health and Medical Research Goundi National Institute of Clinical Studies November 2009



### **National Organ Donation Collaborative**





Participation in NODC	Increase in donation rate 2006-2008	Increase in donation rate 2009-2010
NODC Hospitals	19.4%+	55.2%**
Non-NODC Hospitals	0.2%+	21.9% **
All Hospitals	10.7%	40.1%

\* Over baseline donor rate (average annual donor rate between 2001& 2005)

+/++statistically significant difference between increase donor numbers NODC versus Non-NODC hospitals (p<0.0002)



## **National Organ Donation Collaborative**

### **Key strategies:**

- 1) Pursuit of every donation opportunity
- 2) Involve senior leaders to get results
- 3) Using a multidisciplinary team of clinicians to manage the donation process for each case
- 4) Ensuring early identification, referral and rapid response to all potential organ donors
- 5) Developing a best practice model for requesting organ donation
- 6) Prepare for introduction of donation after cardiac death (DCD)





## **National Organ Donation Collaborative**

### **Key strategies:**

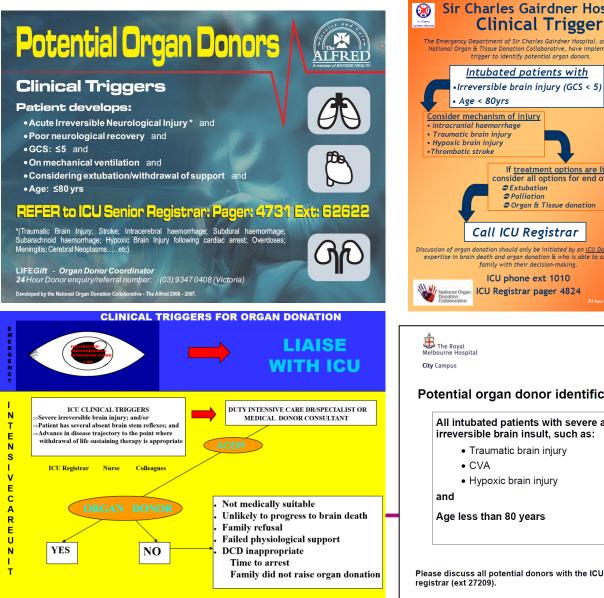
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### **Clinical Trigger examples**



#### Have you given your patient the opportunity to **G.I.V.E.**? Sir Charles Gairdner Hospital Severely decreased GCS as a result of an CS is low **Clinical Trigger** irreversible or catastrophic condition The Emergency Department of Sir Charles Gairdner Hospital, as part of the National Organ & Tissue Donation Collaborative, have implemented this trigger to identify potential organ donors. Jnable to maintain ar airway independently Intubated patients with Irreversible brain iniury (GCS < 5) Minimal or no respiratory effort Consider mechanism of injury Discussion on drawal of treatmer l/or family offered organ donation If treatment options are limited consider all options for end of life care Consult ICU on pager 88913 All deceased patients are ⇒ Extubation The ICU Medical Officer car Palliation Advice regarding suitability potential tissue donors Contact the Eve Bank on Organ & Tissue donation to donate 9382 7288 Assist with transfer to ICU Call ICU Registrar SYDNEY SOUTH WEST Discussion of organ donation should only be initiated by an ICU Doctor who has ADEA HEALTH SEDVIC expertise in brain death and organ donation & who is able to support the **NSW@HEALTH** family with their decision-making. Adapted from New Nouveau Brunswick ICU phone ext 1010 ICU Registrar pager 4824 Phone: 08 9222 022 **Clinical Triggers Tool - ED** MMC ED Badge Backer for Clinical Triggers TONOR 1 Clinical Triggers for Referring the Potential organ donor identification gical Injury or Insult Currently Ventilate →GCS ≤ 5 Arizona (DN AZ) +Absent1 or mon All intubated patients with severe acute neuro refeat irreversible brain insult, such as: Traumatic brain injury **Clinical Triggers Tool - MICU** Hypoxic brain injury ORGAN DONATION REFERRAL PROTOCO Call Donor Network for patients with: Brain Insult or Injury Age less than 80 years Brain Death Testing DNR/Withdrawal of Ve

Prior to ANY mention of donation to the family

Call Donor Network of AZ a 1800-447-9477



### Popular Clinical Trigger developed during the NODC









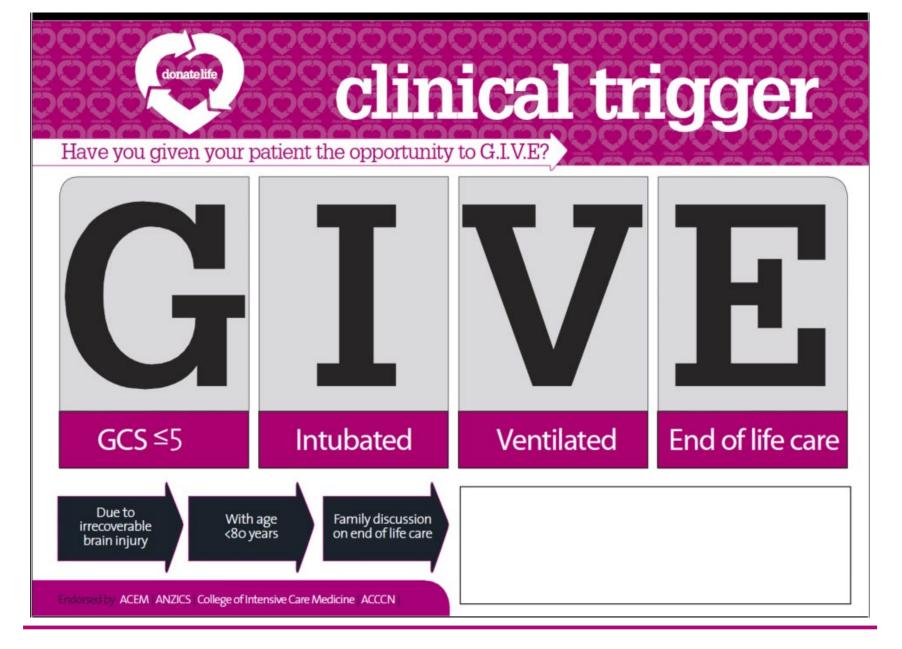


Contact ICU admitting officer for referral advice.

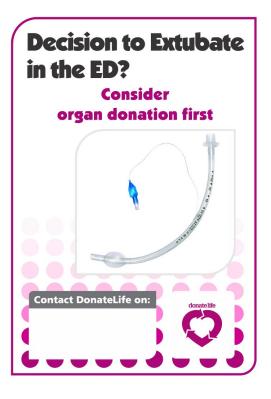
For potential <u>tissue donors</u> Contact the Eye Bank 9382 7288

NORTHERN SYDNEY CENTRAL COAST



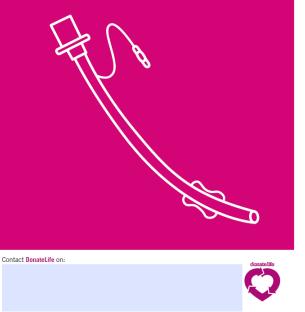






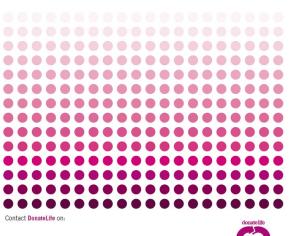
## Decision to Extubate in the ED?

**Consider organ and tissue donation first** 



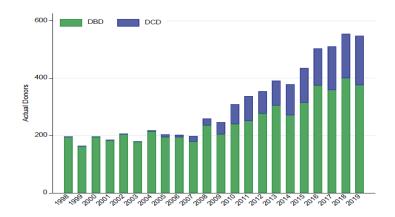
### **Organ donation**

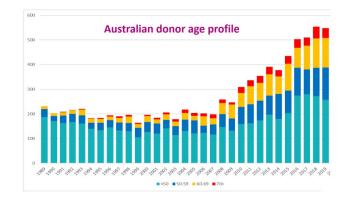
Consider in **every** end of life decision



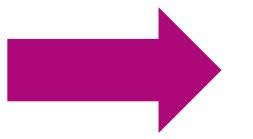


## A broader donor identification strategy became necessary as donor criteria expanded





• SMD and Agency manager leadership group (Clinical Governance Committee, CGC) started discussing in 2016; introduced in 2018:

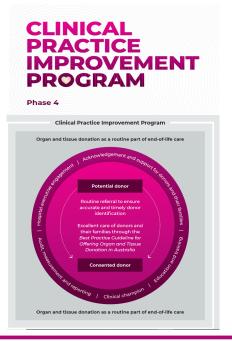


Routine referral/notification to DonateLife for ICU and ED patients at end of life



### Identify ALL potential organ donors = Routine referral to donation services at end-of-life

- DonateLife Clinical Practice Improvement Program (CPIP) phase 4
- Outlines the clinical strategic focus for hospitals and key performance indicators related to best practice for donation



#### Element

Routine referral to DonateLife Agency/ hospital donation specialist staff occurs for all patients with planned end-of-life care in intensive care units (ICU) and emergency departments (ED)

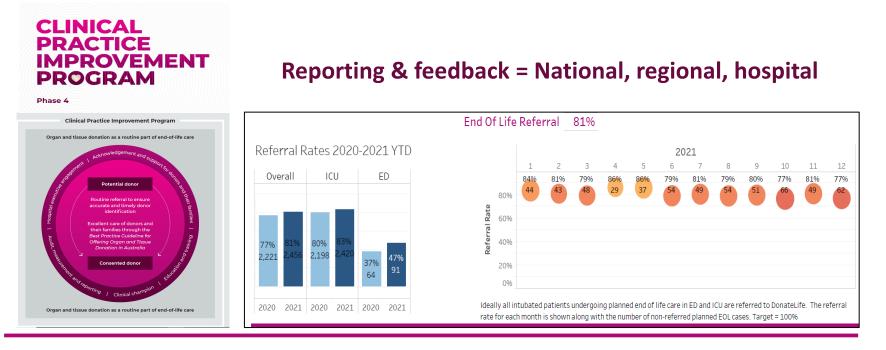
#### Key Performance Indicators (KPIs)

- 100% of ICU patients with planned end-of-life care referred to DonateLife Agency/hospital donation specialist staff
- 1.2 100% of ED patients with planned end-of-life care referred to DonateLife Agency/hospital donation specialist staff
- 1.4 Feedback provided to hospital and relevant clinicians where routine referral has not occurred



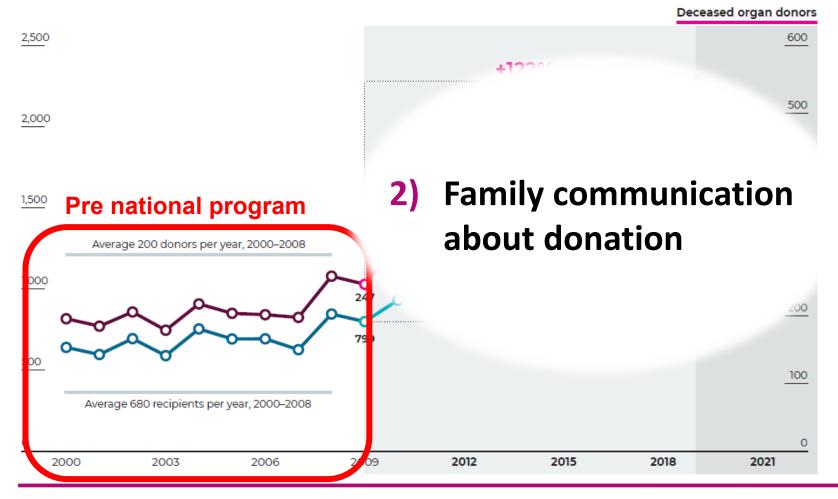
### Identify ALL potential organ donors = Routine referral to donation services at end-of-life

- Reporting and feedback is facilitated by the DonateLife Audit
- Follow up with the hospital and relevant clinicians when routine referral has not occurred





# Key clinical practice change due to the national program



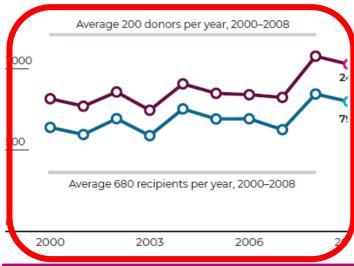


### Pre national program: Family communication about donation

- Intensivist or registrar approached the family to "request donation"
  - The usual approach was very neutral, with provision of very little meaningful information about donation
- Some families were not approached for reasons that they were thought likely to say "no" or "were too distressed"
- <sup>1,500</sup> **Pre national program**

2,500

2,000





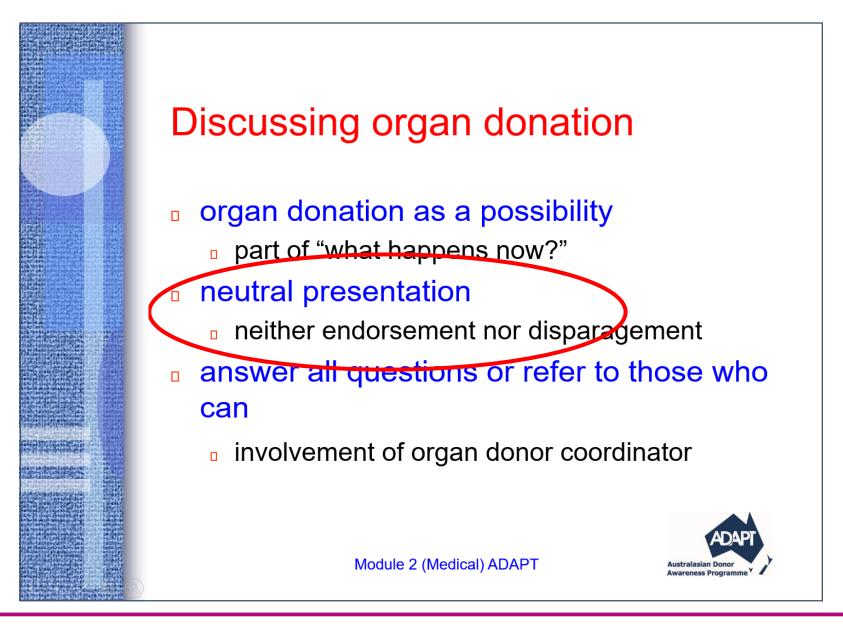
### **The Organ Donation Discussion**

### Medical ADAPT Workshop

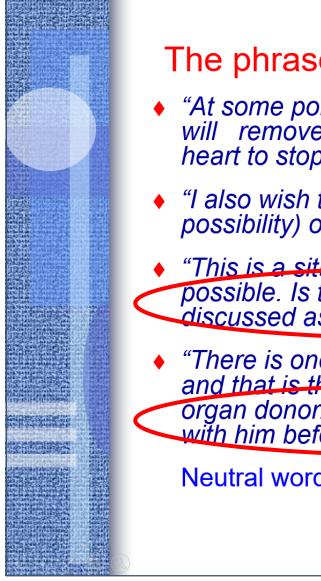
2008













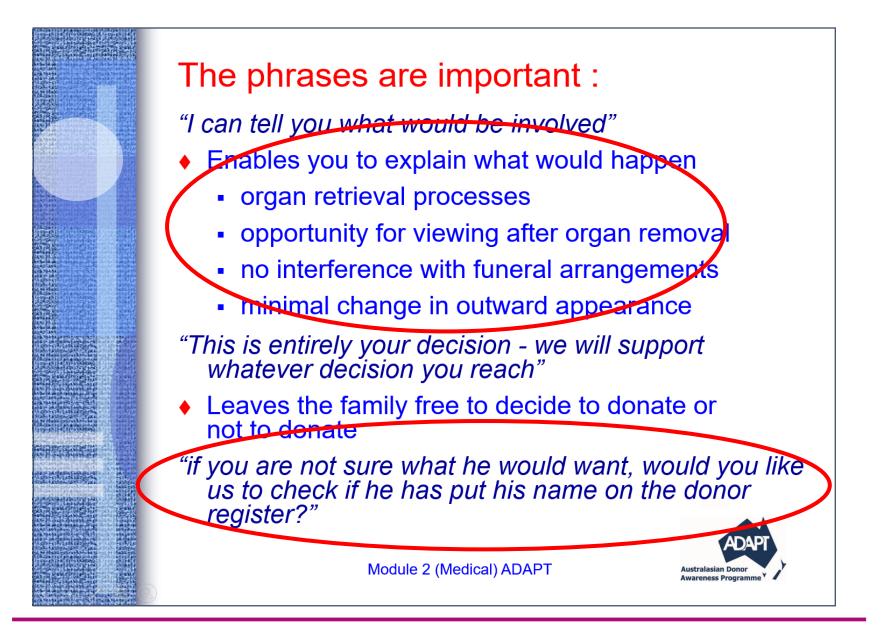
- "At some point, at a time that meets your needs, we will remove the ventilator and allow (first name)'s heart to stop"
- "I also wish to talk with you about the option (or possibility) of (first name) being an organ donor"
- "This is a situation where organ donation is possible. Is this something that you have previously discussed as a family?"
  - "There is one other thing that we need to discuss and that is the possibility of (first name) being an organ donor. Is that something you ever discussed with him before the accident?"

Neutral words, no expectation

Module 2 (Medical) ADAPT









# Family Donation Conversation (FDC) workshop development

- Developed through a collaboration with the Gift of Life Institute (GOLI), that began in 2011
- Tailored to the Australian environment
- CICM, ANZICS, ACCCN:



- Representation on the Steering Committee that developed the FDC workshop
- Input into the content of the education materials and workshop
- CICM deemed the 2-day core FDC workshop as mandatory training for all intensive care medicine trainees



# Family Donation Conversation (FDC) workshop development

• Pilot core FDC workshop in late 2011 and first Australian workshop delivered in March 2012

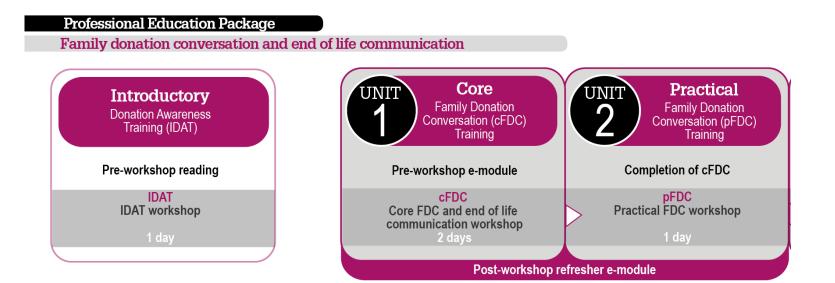


First FDC lead trainers with GOLI colleagues Cherri Wise and Theresa Daly



### **Professional Education Package**

• Development of a modular Professional Education Package, of which the core FDC is the foundation unit





# Models of consent and approach to family communication

- Historical practice in Australia donation request by intensivist, referral to donor coordinator if families gave consent
- Any change would require an evidence-based and inclusive approach
- SMD and Agency manager leadership group (CGC) in 2012
  - ---Reviewed international models and experience
    - ---Consent highest if family approach involves OPO coordinator and treating clinician together; lower if treating clinician or OPO coordinator alone
  - —Any new approach would be formally trialled
  - -Involve intensivists and other key stakeholders



## Pilot a new family approach model

- Agreement to pilot a collaborative model of request required engagement with intensive care specialist community, nationally and locally
- External researchers engaged to coordinate study and analysis
- Pilot involved 15 hospitals each over 12 months (staggered between March 2013 and March 2015)



## Key findings of pilot study

### Higher consent rate if family approach involves a FDC trained person



of families agreed to donation when conversation was led by an **FDC trained specialist who was in addition to the treating clinical team** (collaborative)

of families agreed to donation when conversation was led by an **FDC trained treating clinical specialist** 

of families agreed to donation when conversation was led by a treating specialist who was **not FDC trained** 

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### **Donation specialist nurse involvement in FDC**

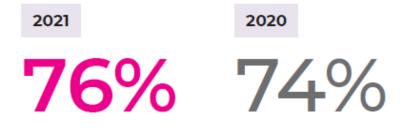
#### The importance of involving a donation specialist in discussions with families



families gave consent for donation when they were supported by a donation specialist nurse



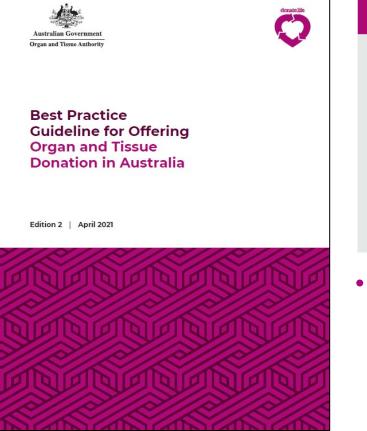
families gave consent for donation when there was no donation specialist nurse involved



A donation specialist nurse was involved in 76% of family conversations about donation compared with 74% in 2020



# Best Practice Guideline for Offering Organ and Tissue Donation in Australia



outine referral DonateLife	Communicating end-of-life	Planning the approach	Discussing donation	Reviewing practice
AODR check	Senior Treating	Planning meeting between Senior	Donation Specialist Nurse and Senior	Team review
Suitability assessment Planning for Donation Specialist Nurse involvement	family of death or expected	Treating Doctor, Donation Specialist	Treating Doctor collaboratively offer donation to the family AODR status	Led by Donation Specialist Nurse in
	death following withdrawal of treatment Family understands death or expected	Nurse, Critical Care Nurse and other		collaboration with Senior Treating Doctor
		healthcare staff		DOCION
in end-of-life communication and		Family donation	shared with family	
the family donation	death following	conversation plan agreed		
conversation	withdrawal of treatment			
	Discussions about			
	death and donation are separated			

 Evidence based approach with routine referral, checking AODR registration status, donation specialist involvement, and a collaborative approach to the family donation conversation

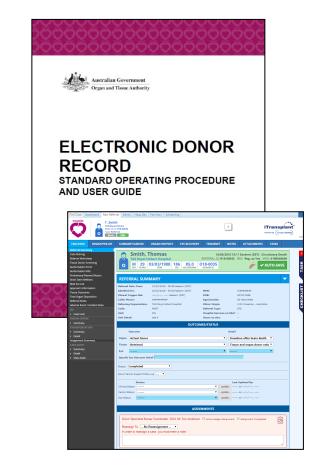






### **Other key changes in clinical practice:**

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	DOS	9		
	DONOR HOSPITAL			
	DONOR NUMBER			L L
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	REPERRED BY			
	PHONE DONOR COORDINATOR			
	PUBLIC CONTRACTOR			





## **Other key changes in clinical practice:**

### National Organ Matching System (NOMS)

Status       Active         Program Entry Date       28/11/2013         Referral Timestamp       28/11/2013         State Urgency Index       0         Interim       Last User         Last User       JDEY         Transplant Count       0         Patient Status       Reason         Last User       Last Changed         Previous Status       1	Ma	iter a User ID a atching System User ID: jwrig assword: [		g onto Natior	val Organ		OK Canc		
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