

Student activity sheet 1: Exploring personal thoughts

How did you feel when you shared your ideas with other people? Reflect on your experience as you write responses to the following questions.

1. What did it feel like to share your ideas with other people? Did you have any fears? Did you enjoy the chance to explore your ideas?

2. What was easiest for you: discussing your ideas with one other person or with a larger group? Explain your answer.

3. Are you comfortable with people having ideas that are different to your own or do you try to persuade others to agree with your ideas? Explain your response by referring to the discussions you had.

4. Describe the way your body behaved during the discussions. Did you wave your hands? Did you feel hot and/or sweaty? Did you feel stronger?

5. When you heard other people talking about their ideas did it help you to understand your own ideas? Did you feel you needed more information? Did you question assumptions you had made?
